

# 2 0 2 4 P R O G R A M M E

**3 APRIL**  
**Bathing anyone?** **Janet Carter:** Chair of Save Grange Lido & Lakeland Radio presenter  
**C** *A hand drawn poster advertising Grange Lido*

**1 MAY**  
**Sewing Bee** **Angela Fletcher:** The BBC 1 *Great British Sewing Bee* - 2022 contestant  
**C** *A hand embroidered hanky*

**5 JUNE**  
**And relax...** **Alessandra Toft:** Reflexology & Indian Head Massage  
Clinical reflexologist.  
**D** **C** *Wellness - a photo of your 'peaceful place'*

**3 JULY**  
**Jam and Jerusalem** **Alison O'Neill:** Shepherdess, author and guide from Shackla Bank, Sedbergh  
**C** *A hand made a jar of jam*

**10 JULY WED AM**  
**Visit to Hawkshead** **Visit to Hawkshead Relish:** award winning relishes and preserves. Exclusive factory tour. Director **Maria Whitehead MBE.**  
(Limited numbers)

**7 AUGUST**  
**Garden Party** **Garden Party**  
Held at Abbots Brow, courtesy of Gill & Neil Hardy  
**C** *A hand painted /drawn picture of Ruskin's View*

**4 SEPTEMBER**  
**My life in books** **Valerie Laycock:** The Book Lounge  
Independent bookseller, former school librarian  
**P** **C** *An opening for a fiction story– maximum of 30 words*

**2 OCTOBER**  
**Smelling sweet** **Emilie Handley & Kate McWhirter:**  
Founders of Wildflower Luxury candles & diffusers and gift box company.  
**P** **C** *A hand drawn label for an autumn fragranced candle*

**6 NOVEMBER**  
**Say it with flowers** **Emma of the Flower Bank:**  
Kirkby Lonsdale Autumn wreath demo with seasonal foliage and flowers  
**P D** **C** *An autumn flower arrangement in a jam jar*

**27 NOVEMBER tbc** **Christmas Meal:** The Highwayman

**4 DECEMBER**  
**Test your knowledge** **Christmas Quiz and Social**  
**C** *A hand made cracker*

## 2 0 2 5

**5 FEBRUARY**  
**Herdwick Weddings!** **Mel Oddy:** Operations Manager - the Herdwick Experience at Yew Tree Farm, Coniston - tours, walks, weddings & holidays.  
**C** *A hand made three– dimensional sheep*

**5 MARCH & AGM 6.30PM**  
**How English!** **Dorthe Pratt:** Founder, The Sedbergh Soap Company  
Product designer of natural and organic skincare products  
**C** *A coloured label - bar of lavender & rose scented soap*

**P** Pop-up shop

**T** Tastings

**D** Demo

**C** Competitions: Members only, at your discretion